

# Sidestepping the Power Struggle

Popular Parenting Course comes to the Westshore



- Understand how to work with your child's unique temperament.
- Learn effective discipline approaches and discard ineffective habits.
- Help your child mature with emotional awareness and resilience.

Presented by  
**Dr. Allison Rees**

**When:** Wednesday Evenings from Oct. 16<sup>th</sup> to Dec. 4<sup>th</sup>, 2019

7:00 pm to 9:00 pm

**Where:** Royal Bay Secondary School

Go to [lifeseminars.com](http://lifeseminars.com) to register.