

LAKWOOD ELEMENTARY

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web: <http://lakewood.sd62.bc.ca>

Principal: Mr. Bryan Johnson

Vice-Principal: Ms. Ceilidh Deichmann



Thursday, May 30th 2019

FUN FAIR TONIGHT

5PM

See you there!

Track and Field Next Friday

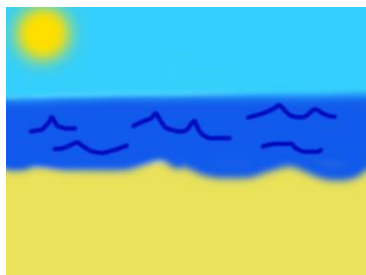
Student participants are heading to the track meet at Royal Bay Secondary Friday. We have students competing in the 100, 400 and 800 metre races as well as the relay races. Field events include shot put.

Good luck to all of our students and thanks to all of our teachers for preparing our students for these great events.



Beach Day Wednesday June 12th

Beach day permission forms will be sent home next week. Please return them to your child's classroom teacher by Friday, June 7th. As always parents are welcome to join. We will be travelling to Esquimalt Lagoon, thanks again to our Lakewood PAC for supporting this wonderful year end activity.



Grade Five Recognition Wed.

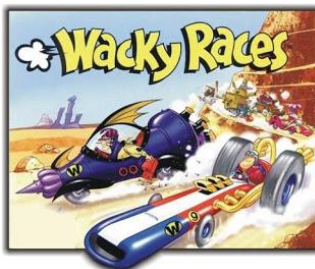
June 19th

This is a special event in order for us to recognize the grade fives as they prepare for the next leg in their educational journey. In addition to the farewell, we will have a social with snacks following the ceremonies.

Students and parents may also get a sneak peek at the year end video, all going well! We look forward to seeing parents and families on this day.

Fun Day Friday June 21st

The format will be similar to last year. Primary classes will participate in stations around the main building while intermediate students are participating in a variety of activities on the top field. In the afternoon students will come to the gym for a school wide movie. Come one come all Fun Day is back! This is always a fun event to check out. Information on how to volunteer will be coming home shortly. Thanks in advance!



Year End Assembly & Slide Show

We hope to see as many parents as possible. This is an excellent opportunity for the grade five students to sing their farewell song to their school, fellow students and staff. The crowning end to another magnificent year at Lakewood will be our annual year end assembly and slide show. We have collected a large number of photos capturing the year. Ms. Bouvier will work her magic and is busy preparing a slide show that will make you wish you could be at Lakewood every day. Please join us after lunch on Wednesday, June 26th at 1:30PM and help celebrate another successful year.



Looking ahead...

Helping your child adjust to their new classroom in September...

One of the primary characteristics of a Highly Sensitive Person (HSP) is difficulty processing change. The uncertainty of a new path

generates anxiety. Your child may experience this today as they have moved to their new classroom. This is not uncommon and it is important that both parents and their new teacher support the transition and make it successful for each student. For the most part, children tend to be anxious because they get separated from a friend or friends that are not in their new classroom. Additionally, it will take your child some time to adjust to a new teaching style as well as new class routines and grade level expectations. **Don't worry...here are some ways to support your child at home and at school.**

- Remind your child that their friends are still attending Lakewood. **Help your child develop a before school, recess and lunch meeting area** so that they can meet up with their friends during the breaks throughout the day.
- Explain to your child that **often classes go on field trips together or engage in buddy class activities** so there is a good chance that they will have an opportunity to engage in learning activities throughout the year.
- **Arrange playdates outside of the school** so that your child can connect with their friends.
- **Remind your child that they will make new friends**, this is an important skill that they need to learn throughout life. Often children are separated from their friends in the classroom so that they become independent, not codependent.
- **Make a drop off plan at home with your child, review the plan and stick to it. It is important that you meet the teacher at the door, and leave.** It does not help your child or the teacher if you carry your child's gear, come into the classroom and take your child's coat off, hang up their bag etc. It will only foster their dependence rather than independence. It is important for your child to become independent and seek help from peers and their teacher. **Your job is done**

at the door, a kiss, a hug and off you go.

We ask that all parents arrange a meeting place outside of the building at the end of the day so your child develops confidence with dismissal routines also.

- As parents, **please refrain from standing around staring into your child's classroom window.** It doesn't help your child feel safe and can **negatively impact their feelings of being able to cope on their own.**
- **Finally, feel free to set up a meeting with your child's teacher** to discuss this further so that you can develop a shared plan to support your child. Your child's teacher will also be sending home information regarding classroom routines and schedules. Take the time to review these with your child and support them as they become familiar with their new classroom.

For more information visit www.anxietybc.com

Are you moving from Lakewood?

If you will not be returning to Lakewood Elementary in September 2019, please advise the office as soon as possible, email is preferred to rwillner@sd62.bc.ca. Thank you.



DATES TO REMEMBER:

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| Fri Jun 7 th | District Track Meet,
Royal Bay Sec. 10:00am |
| Wed. June 12 th | Beach Day (All Day) |
| Wed. June 19 th | Grade Five Recognition - 1:15PM |
| Fri Jun 21 st | Fun Day |
| Wed Jun 26 th | Year End Assembly/
Grade 5 Farewell 1:30pm |
| Thurs Jun 27 th | Last day of school, Reports home |
| Fri. Jun 28 th | Last day of school for staff |
| Tues. Sept. 3 rd | First Day of School Dismissal 11:38am |

