

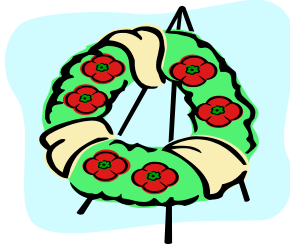
LAKWOOD ELEMENTARY

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Principal: Mr. Bryan Johnson
Vice-Principal: Ms. Ceilidh Deichmann



Remembrance Day Service

Our annual Remembrance Service is next Friday, November 9th at 10:45am. Everyone is welcome to attend. Scouts, Guides and Cadets are encouraged to wear their uniforms on this day.



Holiday Musical Concert

This year's holiday concert will be a similar format to last year.

We will hold two separate concerts, dividing the school based on divisions.

This year's concert is on **Thursday,**

December 6th. Division's 11 to 20 are scheduled at 10:45AM, Division's 1 to 10 are scheduled at 1:15PM. Ticket information will come out closer to the date but we wanted parents to be aware of the date well in advance.



Homework, Pros and Cons

As we head into the first reporting period, different concerns are raised around the amount of homework or lack of homework, your child may have. The debate about homework is a continuous one. There is the camp that who feel it is essential and the other one that feels it is simply a waste of time. Many studies have been completed around the effectiveness of homework which can be found online, in newspapers and educational journals. The gist of the majority of the articles is that young students "are still developing study habits like concentration and self-regulation, assigning a lot of homework isn't all that helpful" (Edutopia 2015) Although the debate about homework generally falls in the "it works" vs. "it doesn't work" camps, research shows that grade level makes a difference. High school students generally get the biggest benefits from homework, with middle school students getting about half the benefits, and elementary school students getting little benefit (Cooper et al., 2006).



At the intermediate level (Gr 4&5) some homework will offer parents insight into what their children are learning and can provide

opportunities to talk with children about their learning, and helps create conversations with school communities about ways to support student learning (Walker et al., 2004) The research is quite clear that homework should not be used to introduce or teach complex skills and material (Cooper, 2001).

Teachers provide opportunity for students to work on assignments in class however if the students are not able to use the time provided in class effectively, this will mean that incomplete work might come home for completion.

The decision to send homework home is made by the teacher based on their professional judgment of the needs of their students. If your child consistently comes home with a lot of homework that may indicate that he/she is still working on how to self-regulate and focus in class. At the intermediate level, teachers may also provide opportunities for students to work on a project at home as part of their learning. In this case, information would have most likely been provided by the teacher with the criteria. For some students still developing learning skills, going at home at the end of the day to do more school work, it can prove to be more of a battle and end up shutting down learning altogether. Here are a few suggestions for activities that are still learning and involving language, science, socials and math skills:

Cooking together - requires reading a recipe, measurement, conversation and timing. Look at new recipes from another culture. Have a discussion about the ingredients, where would you get them? How do they get to the supermarket? What would be the reason it can't be grown locally? There are many more discussions that can be had by simply cooking a meal together that can expand critical thinking and social awareness - the possibilities are endless.

Book Club...read the same book as a family and have a conversation about the story, the characters, what would you have done if you had been in that situation. Where does the story take place?

Washing Dishes...have a discussion together about why we do dishes, what is the most effective way?

Mowvember

The students in Div. 2 are raising money for Mowvember again this year. They will be selling and drawing moustaches every Wednesday in Mowvember. During recess and lunch on these Wednesdays, students may have a moustache drawn on or get a moustache on a straw for 25 cents. The moustaches are drawn on with charcoal pencils and are easily washed off. Thanks for your support☺ As an official global



charity, Movember's vision is to have an everlasting impact on the face of men's health. During November each year, Movember is responsible for the sprouting of millions of moustaches around the world. Through the power of the moustache, vital funds and awareness are raised to combat prostate and testicular cancer and mental health challenges.

Peer Helpers

Peer helpers are up and running again this year! We had many applications so thank you to all the enthusiastic students who applied! Lakewood Peer Helpers this year are: Asher, Hailey, Shenae, Keira, Cassia, Sophia, Riley, Arsh, Courtney, Nyah, Jarryn, Vienna and Isaac. Peer Helpers will meet every second Thursday in the Library. Last week, the Peer Helpers travelled with Mrs. Penston to David Cameron for their Training Day facilitated by Ms. Cooper, our school counsellor. There were two other schools in attendance. It was an action packed day where Peer Helpers learned about confidentiality, listening and communication skills and met new friends. Peer Helpers will be practicing these skills when they go outside at recess and/or lunch on Mondays and Wednesdays. We are looking forward to a great year! Thanks to Mrs. Penston for organizing, coordinating and sponsoring this great program with the support of Ms. Cooper.

My Child isn't taking the bus today and arranging playdates...

A reminder to parents of bus riders, you need to advise Ms. Willner at the office if your child(ren) is not taking the bus on any given day. This information assists us in ensuring that all students are accounted for before the bus departs. It creates challenges for Ms. Pastro if children are not present and we don't know their whereabouts. In most cases, when we follow up with a phone call to parents, we discover that they have been picked up, yet no communication to the office was made. If you arrive after dismissal and are picking up your child, please report directly to the bus supervisor to advise her that your child will not be on the bus. Thanks in advance for your cooperation. Additionally, if your child will be going home with someone else on a playdate, please arrange these before-hand and advise Ms. Willner or send a note with your child. This enables us to know that all children are accounted for and have a safe ride home.

Lakewood is an Allergy Aware School

How can I know if a food contains tree nuts or peanuts?

- Read product ingredient labels carefully to make sure they do not list any source of tree nuts or peanuts in the food. Often, different names are used for tree nuts and peanuts. See the Health Canada fact sheets found at the websites below for other common names to watch for on ingredient lists.
- Avoid foods and products that do not have an ingredient list.
- Recipes sometimes change or use other ingredients so read labels **every time** you shop.
- Be cautious of bulk food items as they may have come into contact with trace amounts of nuts.
- Food allergic people should not eat products with a "may contain" warning with respect to their allergen(s).



How to Wash Hands:

- ♦ **Wet** hands under warm running water
- ♦ **Scrub** with plain soap for a count of **20**, all over hands and between fingers
- ♦ **Rinse** under running water for a count of **10**
- ♦ **Dry** hands with a clean paper towel
- ♦ **Turn off** taps with a paper towel

When to Wash Hands:

- ♦ Before and after eating or handling food
- ♦ After using the toilet, handling pets, coughing, sneezing, or wiping noses



How long is 20 seconds?

Slowly singing "Happy Birthday" twice takes about 20 seconds.

Dates to Remember

- Tues., Nov. 6th Grizzlies Hockey Visit
- Fri. Nov. 9th Remembrance Service 10:45AM
- Mon. Nov. 12th Remembrance Day - No School
- Tues., Nov. 13th PAC Meeting Library 7PM
- Thurs. Nov. 15th Picture Retake Morning
- Fri. Nov. 16th Hot Lunch Day
- Wed. Nov. 21st Lock Down Drill 2:10PM
- Thurs. Nov. 22nd Early Dismissal 11:38AM
- Fri. Nov. 23rd Pro D - No School
- Thurs. Dec. 6th, 1st Term Report Cards Home
- Fri. Dec. 14th Pancake Breakfast
- Fri. Dec. 21st Jingle Bell Run/Hot Lunch/Winter Vacation Begins, 2:38PM

