



## **Rugby Canada Program**

**Plan:** This program is being offered by Rugby Canada. The idea is to introduce kids to the sport of rugby while also promoting the benefits of sport and the role it plays in promoting a healthy lifestyle.

**Instructors:** Morgan Williams, former player and current skills coach for the National Women's 7s team  
- Megan Luken, current National 7s player  
- guest appearances by other National 7s player each week

**When and Where:** Starting February 11<sup>th</sup> thru to March 10<sup>th</sup>, Thursdays at 2:45-4pm, Lakewood Elementary School Upper Field, rain or shine.

**Who:** Ages 7 and up, boys and girls

**What to bring?** Running shoes, or soccer cleats, sportswear and a water bottle

**Cost:** \$25 per child, if a household has more than one child the second child is \$10



### **Disclaimer:**

This program is being offered by Rugby Canada, not by School District #62. Accidents can be a result of this activity and can occur with or without any fault on either the part of the student, Rugby Canada or its employees and agents, or the facility where the activity is taking place. By allowing your son/daughter to participate in this activity, you are accepting the risk of an accident occurring, and agree that this activity, as described above is suitable for your child.

